

Assessment process: Basic framework

Initial step: Is client's demand within ethical criteria, are you qualified to satisfy the demand

General Principles

1. Analysing the case (descriptive assessment)

- Analyse demands, complaints and/or goals. Gathering general information about client's referral question.
- Formal agreement
- Formulate testable assessment hypotheses about the case.
- Gather information relevant to the questions, plan and apply assessment procedures
- Evaluate the application of assessment procedures
- Analyse data, relate data to the assessment questions.

2. Organising and reporting results.

(a) Organising results

- Answer the client's/subject's questions as completely as possible
- Combine results into a comprehensive case formulation
- Formulate conclusions with respect to client's/subject's questions

(b) Reporting results

- Written and/or oral presentation of reports
- Including relevant information in the report
- Making report understandable
- Discuss report with client
- Decide move to intervention
- Analyse whether general circumstances warrant stop, re-start or moving on to an intervention

3. Planning the intervention

- Select intervention and outcomes variables that best fit individual / case

4. Intervention

5. Evaluation and follow-up

- Collect data about effects of intervention, Collect post-intervention data
- Analyse intervention outcomes
- Draw conclusions from data gathered on the affects of the intervention
- Report results to client (verbal/written)
- Follow- up in agreement with client

6 End of process. Terminate the professional relationship with client with respect to the assessment tasks.