

ÖMPQ Scoring instructions

For question **4**, count the number of pain sites and multiply by 2

For questions **6,7,8,9,10,12,14,17,18** and **19** the scores is the number that has been ticked

For questions **11,15,16,20,21,22,23** and **24** the scores 10 minus the number that has been ticked or circled

Write the score beside each item – Questions 4 to 24

Add them up, and write the sum in the box provided – this is the total ÖMPQ score.